

Surrey Association for Visual Impairment - SAVI 01372 377701
Support, training & information

Surrey Deaf Services Team - voice/textphone: 01372 376558
For deaf & hard of hearing people

Surrey Independent Living Council - 01483 458111 textphone: 01483 459977
For information on independent living

Surrey Users Network - voice/textphone: 01483 456558
Promoting involvement of disabled people

Voluntary Association for Surrey Disabled - 01306 741500
Equipment loan, sales, transport & holidays

Benefits advice
Is available from Citizens Advice Bureaux, Department for Work & Pensions offices and also from most of the local disability information services.

If you can't find what you want in this leaflet contact your local disability information service or SID who will be able to help you.

To order more copies of this free leaflet contact SID 0800 0439395



www.askenid.org.uk

SID (Social Information on Disability)

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Inclusion in this leaflet does not indicate endorsement of the services provided.

For further information on the organisations in this leaflet look at www.askenid.org.uk

This information is also available in large print, Braille and audio format by calling SID 0800 0439395



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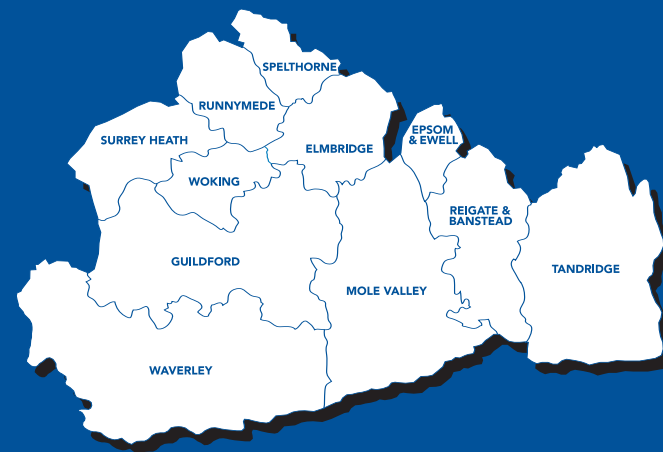
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01784 440044

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Information for you...

on day to day living with disability



www.askenid.org.uk

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Information Services

If you have any questions, there are disability information services in the following areas:

DAISE - 01932 248660
Elmbridge

DATA - 01883 722593
Tandridge

DICE - 01372 735243
Epsom, Ewell & surrounding areas

DisCASS - 01483 860551
Guildford & Waverley

WIDE - 01483 747400
Woking & Surrey Heath

SID - 0800 0439395
Countywide information service.

SID's disability equipment service puts people in Surrey who want to buy or sell equipment in touch with each other.

Other Sources of Information and Advice include Citizens Advice Bureaux which are in most towns and local council Helpshops which are on many high streets.

Patient Advice and Liaison Services (PALS) based in hospitals offer information and advice on NHS services and health related matters to patients.

Countywide Services

Action For Carers Surrey - 01483 302748
For people caring for someone else

Age Concern Surrey - 01483 503414
For people age 50+

Alzheimer's Society* - 0845 300 0336
For people with dementia & their families

Arthritis Care* - 0808 800 4050
Help & support

Blue Parking Badges - 08456 009009
To park in disabled parking bays

British Heart Foundation* - 08450 708070
Heart Information Line

British Red Cross - 01483 772369
Equipment loan & transport

Cancerbackup* - 0808 800 1234
Lifestyle & medical issues

Diabetes UK* - 0845 120 2960
Counsellors & information line

Mencap* - 0808 808 1111
Learning disability helpline

MIND* - 0845 766 0163
Mental health information line

* National information line.
Please contact for local groups.

Multiple Sclerosis Society* - 0808 800 8000
Information and support

National Autistic Society* - 0845 070 4004
Helpline & information centre

Parkinson's Disease Society* - 0808 800 0303
Helpline with nurse advisors

RADAR Keys - 020 7250 3222
To buy a key for accessible toilets
contact your local council or RADAR

Royal Association for Deaf People - 01306 881958 textphone: 01306 876287
For deaf people with additional disabilities

SANELINE* - 0845 767 8000
Mental health helpline

SCOPE Cerebral Palsy Helpline* - 0808 800 3333
Advice, help and support

Social Services - 08456 009009
To find your nearest social services
department contact Surrey Contact Centre

Stroke Association* - 0845 3033100
Information, advice & signposting

Surrey Adult Linked Disability Register - 0800 0566240 textphone 0208 5418760
To register and get card for proof of disability